



# Salad Topping

**Net Weight:** 1.0 ounce (28.3g)

**Ingredients:**

Soy protein bits (soy flour, caramel color, red 3), dehydrated onion, soybeans, sunflower seeds, soybean oil, salt, dehydrated carrot, tomato, and green beans, spices, dextrose, natural flavor, butter oil (from milk), TBHQ to protect flavor.

## Nutrition Facts

**Serving Size** 1 Tbsp (7g)

**Servings Per Container** 4

**Amount Per Serving**

**Calories** 30      **Calories from Fat** 10

**% Daily Value\*\***

**Total Fat** 1g      **2%**

**Saturated Fat** 0g      **1%**

**Trans Fat** 0g

**Cholesterol** 0mg      **0%**

**Sodium** 115mg      **5%**

**Total Carbohydrate** 3g      **1%**

**Dietary Fiber** 0g      **2%**

**Sugars** 0g

**Protein** 2g

**Vitamin A**      **10%**

**Vitamin C**      **0%**

**Calcium**      **2%**

**Iron**      **2%**

Not a significant source of trans fat, cholesterol, dietary fiber, vitamin A, vitamin C, calcium and iron.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Date Information Was Last Refreshed: March 30, 2009

Disclaimer: Ingredients, formulas and labeling regulations tend to change over time. This information may vary from product currently in distribution. Please refer to the actual product for the most accurate ingredient and nutritional information.