



Sunkist® Lemon Ice Smoothie Mix

Net Weight: 2.47 ounces (70g)

Ingredients:

Sugar, fructose, whey (from milk), sunflower oil, corn syrup solids, less than 2%: xanthan gum, tricalcium phosphate, natural and artificial flavors, sodium citrate, sodium caseinate, dipotassium phosphate, mono and diglycerides, soy lecithin, vitamin E (mixed tocopherols as an antioxidant).

Nutrition Facts

Serving Size 2 Tbsp dry mix (23g)

Servings Per Container 3

Amount Per Serving	Mix	As prepared
Calories	100	100
Calories from Fat	10	10
% Daily Value**		
Total Fat 1g*	2%	2%
Saturated Fat 0g	0%	0%
Trans Fat 0g		
Cholesterol 0mg	0%	0%
Sodium 55mg	2%	3%
Potassium 0mg	0%	1%
Total Carbohydrate 21g	7%	8%
Dietary Fiber 0g	0%	0%
Sugars 20g		
Protein 0g		
Vitamin A	0%	0%
Vitamin C	0%	20%
Calcium	10%	10%
Iron	0%	0%

*Amount in Mix. **As prepared contributes an additional 5mg Sodium, 30mg Potassium, 3 g Total Carbohydrate (1g Sugars).

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Date Information Was Last Refreshed: March 30, 2009

Disclaimer: Ingredients, formulas and labeling regulations tend to change over time. This information may vary from product currently in distribution. Please refer to the actual product for the most accurate ingredient and nutritional information.